

# Wellness Center Info

Also see: [www.lee.edu/wellness/](http://www.lee.edu/wellness/)

[Register Now!](#)

Joining the Lee College Wellness Center is the premier way to exercise your physical fitness options. Select from several enrollment options, plan your own training workout, follow your own individualized fitness and exercise program, and use resistance machines to improve your appearance, strength and endurance. As an enrolled member, you have unlimited use of the Wellness Center. Register for an Open Swim membership to exercise at the Lee College swimming pool during your leisure time. Lifeguard on duty. Senior Adults (ages 50+) and Lee College Alliance Members receive memberships at a discounted rate. Register in-person at 909 Decker Drive, Baytown.

- Heated swimming pool\*
- Over 25 Life Fitness Cardio machines (including 10 treadmills)
- Magnum selectorized resistance equipment
- 20 Overhead speakers
- Four 32-inch televisions
- Extended hours
- Convenient location
- Friendly, small-town environment
- Improve your health and well-being

*\*Registration, fee and/or hours may differ*

## Wellness Center Memberships\*

- Six Months (January-June or July-December)
  - # Standard Rate: \$175
  - # Senior Adults: (Age 50+), Lee College Alliance Members, & Lee College Students: \$79
- One Year (January-December)
  - # Standard Rate: \$315
  - # Senior Adults (Age 50+), Lee College Alliance Members, & Lee College Students: \$158
- Guest Passes
  - # 1-week guest pass: \$25
  - # 1-day guest pass: \$10

*\*Must be at least 18 years old to register. All Wellness Center rates include use of Open Swim.*

## Open Swim Memberships\*

- Six Months (January-June or July-December): \$60
- One Year (January-December): \$100
- Guest Passes
  - # 1-week guest pass: \$25
  - # 1-day guest pass: \$10

*\*Must be at least 18 years old to register.*

## **Hours of Operation**

### **Wellness Center**

Mon.-Thu.: 6 a.m.-8 p.m.

Fri.: 6 a.m.-2 p.m.

Sat.: 9 a.m.-2 p.m.

Sun.: Closed

### **Open Swim**

Mon.-Thu.: 2 p.m.-7 p.m.

Fri.-Sat.: 9 a.m.-2 p.m.

Sun.: Closed

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